

# CLIENT REGISTRATION FORM

(Please print clearly)

Name: \_\_\_\_\_  
Address: \_\_\_\_\_ City: \_\_\_\_\_  
Province/State/Country: \_\_\_\_\_ Postal/Zip Code: \_\_\_\_\_  
Telephone: \_\_\_\_\_ Email: \_\_\_\_\_  
How did you hear about us? : \_\_\_\_\_

On behalf of David Gellineau, teachers and staff past, present and future of the Beach Yoga Centre, we wish to welcome you to our studios. We hope that your yoga experience here is enjoyable and that yoga will become an integral part of your life as it has ours. Yoga, however, is a physical activity and even with the best of intentions injuries may result, discomfort may occur or prior conditions may be aggravated. Please take responsibility for your own body. Practice with awareness and care and do not let any person or situation push you beyond your capabilities. If you are pregnant or have a medical condition, i.e. low blood pressure, heart condition, or previous or current injuries please let your teacher know prior to the class. We ask that you sign the waiver form as a mutual expression of good faith.

**RELEASE OF LIABILITY, WAIVER OF CLAIMS, ASSUMPTION OF RISKS AND INDEMNITY AGREEMENT BY SIGNING THIS DOCUMENT YOU WILL WAIVE CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE**

**PLEASE READ CAREFULLY**

TO: DAVID GELLINEAU AND THE BEACH YOGA CENTRE

I am aware that yoga is a physical activity and I could injure a part of my body or trigger or exacerbate any medical condition I may already have, such as a heart condition, asthma, blood pressure, pregnancy or any other medical condition, which may be affected by performing breathing exercises or from the performance of yoga postures.

I FREELY ACCEPT AND FULLY ASSUME ALL PHYSICAL RISKS TO MY BODY OR MY HEALTH WHICH MAY ARISE FROM MY TAKING YOGA CLASSES, INCLUDING THE RISKS OR HEALTH HAZARDS REFERRED TO ABOVE AND I FREELY ACCEPT AND FULLY ASSUME THE POSSIBILITY OF PERSONAL INJURY OR LOSS RESULTING THEREFROM.

I agree to waive any and all claims that I have or may have in the future against David Gellineau, the Beach Yoga Centre and as well as its teachers and teaching assistants and to release David Gellineau, the Beach Yoga Centre, as well as its teachers and teaching assistants, from any and all liability for any personal injury or injury to my health or consequential loss I may suffer or that my next of kin may suffer on my behalf, arising out of or as a result of my doing yoga including negligence on the part of David Gellineau, the Beach Yoga Centre, as well as its teachers and teaching assistants or breach of any statutory or other duty of care, including any duty of care owned under the Occupiers' Liability Act, R.S.O. 1990, c. 0.2. or the part of any of them.

And further I agree to hold harmless and indemnify David Gellineau, the Beach Yoga Centre, as well as its teachers and teaching assistants from any and all liability which may arise out of or result from any personal injury or injury to my health or resulting or consequential damages there from and this Release shall be effective and binding upon my heirs next of kin, Executors, Estate Trustees, Administrators and Assigns and Representatives.

**I HAVE READ AND UNDERSTOOD THIS RELEASE PRIOR TO SIGNING IT AND I AM AWARE THAT BY SIGNING IT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY CHILDREN OR MY HEIRS OR NEXT-OF-KIN, EXECUTORS, ESTATE TRUSTEES, ADMINISTRATORS, ASSIGNS OR REPRESENTATIVES MAY HAVE AGAINST DAVID GELLINEAU, THE BEACH YOGA CENTRE, AS WELL AS ITS TEACHERS AND TEACHING ASSISTANTS.**

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_  
          year month day

I, \_\_\_\_\_ hereby agree to the above terms and conditions.